

| Msc. | ID GP | nazwisko imię | miasto | klub | kat. Wiek. | Żnin | Janowiec | Świecie | Kowalewo | Brześć | Lisewo | Unistaw | Blue Run | Rypin | Lubiewo | Lipno | Tuchola | Ile startów | średnia |
|------|-------|------------------------|-------------------|---------------------------|------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|----------|
| 1 | 167 | ARSENIUK ANNA | GÓRSK | T.S. OPATRUNKI TORUN | K30 | | | | | 00:39:27 | 00:38:03 | 00:37:15 | 00:39:04 | 00:40:18 | 00:36:34 | 00:38:53 | 00:38:56 | 8 | 00:38:18 |
| 2 | 771 | SZWEDA MIROSLAWA | TORUN | DRUŻYNA SZPIKU | K30 | | | 00:40:32 | 00:39:30 | | 00:40:16 | 00:38:08 | 00:41:43 | 00:41:11 | | | 00:38:44 | 7 | 00:40:00 |
| 3 | 700 | PEKALA ALEKSANDRA | BYDGOSZCZ | RUN PASJA | K30 | | 00:40:36 | 00:42:37 | | 00:41:12 | 00:41:21 | | 00:46:30 | 00:41:11 | | 00:42:44 | | 6 | 00:42:30 |
| 4 | 394 | WOŹNIAKOWSKA AGATA | BYDGOSZCZ | Bydgoskie Okonie | K30 | 00:43:24 | | 00:44:11 | 00:43:01 | 00:43:35 | 00:43:20 | | 00:44:25 | 00:44:25 | | 00:43:10 | | 8 | 00:43:35 |
| 5 | 208 | ROK-SZPALA SYLWIA | LUBICZ GÓRNY | PARKRUN TORUN | K30 | 00:44:55 | | 00:44:42 | 00:43:47 | 00:44:03 | | | 00:45:28 | 00:45:25 | 00:41:41 | | 00:43:06 | 8 | 00:43:57 |
| 6 | 594 | LEWANDOWSKA MARLENA | TORUN | Podgórz Toruń | K40 | 00:44:43 | 00:44:42 | 00:44:59 | 00:44:10 | | 00:45:44 | | | 00:47:12 | 00:41:57 | | | 7 | 00:44:46 |
| 7 | 92 | STAWARSKA ELŻBIETA | TORUN | MARMEL Toruń | K40 | 00:45:53 | 00:44:22 | 00:45:27 | | 00:45:34 | | | | 00:41:58 | 00:46:00 | | | 6 | 00:44:52 |
| 8 | 278 | DUBIELA HALINA | TCZEW | TKKF Kolejarz Bydgoszcz | K50 | | 00:44:16 | 00:44:49 | | | | | 00:47:08 | | 00:42:43 | 00:46:43 | 00:47:43 | 6 | 00:45:33 |
| 9 | | MACIEJEWSKA KAMILA | BRACIN | Ślimakibarcin/Natur House | K30 | 00:44:25 | | | | | | 00:48:23 | | 00:48:39 | 00:44:26 | 00:46:22 | 00:46:10 | 6 | 00:46:24 |
| 10 | 495 | GAŁUSZKA DOROTA | GRUDZIĄDZ | Wtorkowy Trening | K40 | 00:46:48 | | 00:46:41 | | 00:46:30 | 00:46:24 | 00:45:24 | | 00:46:49 | | | | 6 | 00:46:26 |
| 11 | 463 | ZIELIŃSKA IWONA | WŁOCŁAWEK | WKB MARATONCZYK WŁOCŁAWEK | K50 | | 00:46:35 | 00:47:04 | | 00:47:14 | 00:47:43 | 00:45:47 | 00:48:49 | 00:47:42 | 00:43:08 | | | 8 | 00:46:27 |
| 12 | 161 | KARWASZ PAULINA | LUBIEWO | CHMIELARZ TEAM | K18 | | | 00:48:15 | 00:46:24 | | 00:47:34 | 00:46:44 | 00:48:20 | | 00:44:06 | | 00:44:54 | 7 | 00:46:37 |
| 13 | 685 | BLASZKOWSKA ANETA | OBROWO | T.S. OPATRUNKI TORUN | K18 | 00:47:37 | | 00:51:58 | 00:46:38 | 00:47:10 | 00:46:53 | 00:46:07 | 00:48:02 | | | 00:47:11 | | 8 | 00:47:05 |
| 14 | 189 | PODBIELSKA ALINA | TORUN | KM UMK Toruń | K50 | 00:47:20 | | 00:49:08 | | 00:48:47 | 00:47:15 | | 00:51:51 | 00:49:05 | 00:45:16 | 00:49:11 | 00:48:00 | 9 | 00:47:50 |
| 15 | 254 | CHOJNACKA KAROLINA | TORUN | Kujawsko-Pomorskie | K40 | 00:49:14 | | | 00:47:14 | | 00:48:00 | 00:46:14 | 00:50:41 | | | 00:48:20 | | 6 | 00:48:17 |
| 16 | 236 | LUZAK MAGDALENA | BYDGOSZCZ | | K18 | 00:47:42 | | 00:48:27 | | 00:48:59 | 00:49:19 | 00:48:52 | | | 00:46:39 | | 00:48:33 | 7 | 00:48:21 |
| 17 | 44 | NOWACKA ANNA | BOBROWNIKI | GKS FABIANKI | K30 | | 00:46:22 | 00:45:49 | | | 00:48:32 | | | 00:55:53 | | 00:47:09 | 00:47:46 | 6 | 00:48:35 |
| 18 | | SCHWEDA JUSTYNA | TORUN | BRAK | K40 | | | | 00:46:05 | 00:47:15 | 00:47:02 | 00:55:49 | 00:49:56 | 00:48:55 | | | | 6 | 00:49:10 |
| 19 | 519 | WRÓBLEWSKA DAGMARA | BYDGOSZCZ | TKKF Kolejarz Bydgoszcz | K30 | | 00:48:40 | 00:48:41 | | | 00:49:14 | 00:50:56 | 00:51:57 | 00:50:18 | 00:46:10 | | | 7 | 00:49:25 |
| 20 | 396 | BLĄZEJAK KRZYSZTOFA | BYDGOSZCZ | RUN BYDGOSZCZ | K40 | 00:47:49 | | 00:51:55 | 00:50:10 | 00:48:50 | | | 00:51:41 | | | | | 6 | 00:49:34 |
| 21 | 10 | BIERNAT MAGDALENA | INOWROCLAW | TG SOKÓŁ GNIEWKOWO | K30 | | 00:49:47 | | 00:49:33 | 00:49:38 | 00:53:05 | 00:51:05 | | | | | 00:47:00 | 6 | 00:50:09 |
| 22 | 656 | DYCZKO ALICJA | BRACHNOWO | | K0 | 00:48:35 | | | 00:48:34 | | | 00:48:47 | | 00:56:19 | 00:49:36 | 00:52:46 | 00:52:28 | 7 | 00:51:00 |
| 23 | 200 | DĄBROWSKA KAROLINA | TORUN | Kujawsko-Pomorskie | K30 | 00:50:49 | 00:48:22 | | | | 00:52:10 | 00:52:26 | | 00:55:31 | | 00:51:11 | | 7 | 00:51:34 |
| 24 | 326 | JĘZEWSKA EDYTA | STOLNO | | K18 | | | 00:53:15 | 00:52:56 | | 00:52:07 | 00:50:23 | 00:56:29 | | 00:48:23 | | 00:48:07 | 7 | 00:51:40 |
| 25 | 403 | CHMIELARZ JUSTYNA | KRUSZWICA | CHMIELARZ TEAM | K30 | | 00:49:55 | | 00:50:19 | | 00:51:05 | 00:51:42 | 00:54:58 | | | 00:52:46 | 00:51:11 | 6 | 00:51:48 |
| 26 | 102 | WIECZOREK JUSTYNA | INOWROCLAW | BBL Inowroclaw | K40 | 00:51:01 | 00:51:10 | | | 00:51:05 | 00:53:19 | 00:51:14 | 00:59:13 | 00:56:40 | | 00:49:23 | | 8 | 00:51:58 |
| 27 | 312 | BARTOSZ MARIOLA | KIKÓŁ | | K40 | | | 00:54:04 | 00:54:11 | 00:54:48 | | | | 00:53:07 | 00:47:15 | 00:50:42 | | 6 | 00:52:21 |
| 28 | 158 | WITCZAK OLA | WŁOCŁAWEK | GKS FABIANKI | K40 | 00:52:57 | 00:50:26 | 00:51:43 | | 00:52:31 | 00:56:24 | | 01:00:18 | 00:55:56 | 00:53:09 | 00:52:13 | | 9 | 00:52:42 |
| 29 | 734 | FRA CZYK ANNA | TORUN | PARKRUN TORUN | K30 | | 00:50:41 | 00:51:09 | 00:50:52 | 00:50:52 | | 00:53:25 | 00:59:38 | | | | | 6 | 00:52:46 |
| 30 | 602 | ULÓWSKA KATARZYNA | KLIEWO KROLEWSKIE | CHMIELARZ TEAM | K18 | | 00:53:57 | 00:53:42 | | 00:56:51 | 00:54:55 | | | 00:49:57 | | | 00:49:30 | 6 | 00:53:08 |
| 31 | 621 | WIŚNIEWSKA DANIELA | LUBICZ GÓRNY | PARKRUN TORUN | K30 | 00:52:01 | | 00:51:22 | 00:51:03 | | | 00:58:09 | 00:57:10 | 00:49:38 | | | | 6 | 00:53:13 |
| 32 | 31 | LEWANDOWSKA MAŁGORZATA | LIPIE | TG SOKÓŁ GNIEWKOWO | K50 | 00:53:25 | | 00:52:22 | | | 00:56:36 | 00:54:23 | 00:57:46 | | | 00:49:47 | 00:51:26 | 7 | 00:53:40 |
| 33 | 41 | LIPINSKA MAŁGORZATA | TORUN | | K30 | 00:52:10 | | 00:52:10 | | | 00:52:33 | 00:54:11 | 01:01:29 | | 00:49:50 | | | 6 | 00:53:44 |
| 34 | 747 | KLAWIKOWSKA JULITA | BYDGOSZCZ | TKKF Kolejarz Bydgoszcz | K30 | 00:50:40 | 00:50:41 | 00:52:33 | 00:50:35 | | | | 01:13:53 | | | 00:54:48 | 00:51:21 | 7 | 00:54:56 |
| 35 | 245 | SZADKOWSKA ANNA | INOWROCLAW | BBL Inowroclaw | K60 | 00:55:03 | 00:58:56 | 00:56:15 | 00:54:04 | 00:55:36 | 00:56:07 | | 01:12:24 | 01:00:33 | | | 00:53:47 | 9 | 00:55:41 |
| 36 | 622 | DRAWERT EWA | LUBKI | | K40 | | 00:57:20 | 00:58:17 | | | 01:00:49 | 00:58:39 | | 01:04:00 | | 00:59:13 | | 6 | 00:59:43 |
| 37 | 49 | OLSZEWSKA EWA | GNIEWKOWO | TG SOKÓŁ GNIEWKOWO | K40 | | 00:55:12 | 00:56:20 | | | | 00:59:37 | 01:05:32 | 01:02:12 | | | 01:00:38 | 6 | 00:59:55 |
| 38 | 724 | WIENCONEK IWONA | TORUN | biegam bo lubię | K50 | 00:57:07 | 00:55:20 | | | | 00:59:56 | 00:58:10 | 01:14:38 | | | | 00:59:17 | 6 | 01:00:44 |
| 39 | 43 | STOLARSKA DANUTA | WŁOCŁAWEK | ANETA TEAM | K60 | | 00:57:59 | | 00:59:32 | | 01:05:55 | 01:01:30 | 01:05:46 | | | | 00:58:45 | 6 | 01:01:34 |
| 40 | 220 | LUBOCKA PATRYCJA | TORUN | PARKRUN TORUN | K18 | | 01:18:11 | | | 01:20:21 | 01:25:20 | | 01:21:47 | 01:34:20 | | | 01:28:15 | 6 | 01:24:42 |